United Nations Children's Fund

TERMS OF REFERENCE FOR INDIVIDUAL CONSULTANTS AND CONTRACTORS

Title	Type of engagement	Duty Station:	
Senior Nutrition and Health Promotion Consultant	Consultant Individual Contractor Part-Time Individual Contractor Full-Time	Athens Greece, seconded to the General Secretary for Public Health, Ministry of Health	
Purpose of Activity/Assignment:		·	
UNICEF is seeking to second a Senior Nutrition and Health Promotion expert to support the General Secretary of Public Health under the Ministry of Health, with scientific expertise on the implementation of the national scale project for addressing child overweight and obesity and provide management and coordination support among all relevant stakeholders in order to achieve scientifically sound activities and methodologies across national and local interventions.			
Scope of Work:			
UNICEF became operational in Greece in early 2016 as an outposted team from the Regional Office of Europe and Central Asia (ECARO) to respond to the significant influx of refugee and migrant children and their families at that time. Following several years of engagement with national stakeholders, UNICEF and the Government of Greece made a decision in January 2020 to formalize the agency's presence in the country as a full-fledged Country Office. The office falls under the auspices of the UNICEF Regional Office for Europe and Central Asia located in Geneva, which supports the work of 22 Country Offices within its geographical scope, reporting in turn to global headquarters in New York. Within the framework of a mandate for all children in Greece, UNICEF and Greece are now working to address the needs of all vulnerable, marginalized and left-behind children in the country.			
In the context of the Country Programme for Greece (2022-2026) approved by the UNICEF Executive Board in February 2022, UNICEF and the Government of Greece have agreed on national targets for children, concerning health, education, social protection, child protection, justice and youth employability. Regarding the health and nutrition agenda, and within the context of the National Action Plan on Public Health 2021-2025 and the National Prevention			

agenda, and within the context of the National Action Plan on Public Health 2021-2025 and the National Prevention Programme "Spyros Doxiades", UNICEF is scaling up programming to address the high prevalence of child overweight and obesity in the country through the following pillars:

(i) advancement of an enabling environment including strengthening regulations, policies, and strategies to promote healthy diets, practices, and services for the prevention of childhood obesity,

(ii) programmes that strengthen the primary prevention of child overweight and obesity, including actions to improve nutrition in infancy and early childhood, prevention intervention programs at the school and community/municipal level, as well as developing awareness raising campaigns for social and behavioral change,

(iii) interventions to enhance secondary and tertiary prevention and response programmes,

(iv) establishment of a European Regional Centre on Child Obesity as a platform to enable exchange of lessons learned, good practices, and proven effective approaches to address childhood obesity among and within EU member states,

(v) development of strategies and programmes focusing on achieving social and behavioral change so that children and their caregivers across Greece make more informed lifestyle choices.

PURPOSE OF THE JOB

In close collaboration with the responsible state authority, UNICEF is seeking to support with technical expertise the management and coordination of the National Nutrition Programme in addressing child overweight and obesity.

Under the guidance and supervision of the Nutrition Specialist and the General Secretary for Public Health, the Consultant will support the implementation of the child overweight and obesity programme in the context of the Greece Country Programme 2022-2026 already agreed with the Government, and in partnership with all relevant stakeholders and partners.

The Consultant seconded to the General Secretariat of Public Health will be responsible for providing technical assistance and support for programme design, planning and implementation, ensuring alignment with plans and agreed specific goals, objectives and targets using results-based approaches and methodologies and provide scientific and operational support throughout all stages of programming processes to ensure achievement of results as planned.

Tasks/Milestone:	Deliverables/Outputs:	Timeline
Technical and scientific support to	Monthly progress report on:	End May 2023
programme implementation	1. Technical proposal as regards the	
- Provide technical guidance to	ToR for the legal and operational	
relevant state authorities on	framework review	
policies, strategies, processes and	2. Draft TOR for establishing	
best practices on nutrition and	coordination and steering	
related issues to support	committee of the National Action	
programme development and	to fight child obesity	
implementation and ensure	3. Technical report on the revised	
scientifically sound delivery of	timeframe of the National Action to	
results.	fight child obesity	
- Participate in technical discussions	Monthly progress report on:	End June 2023
with national partners, and	4. Final endorsed TOR for	
stakeholders to promote nutrition	establishing coordination and	
issues especially in the prevention	steering committee of the National	
and management of overweight	Action to fight child obesity	
and obesity.	5. Technical report on the final	
- Participate in strategic	endorsed revised timeframe of the	
programme discussions on the	National Action to fight child	
planning and management of the	obesity.	
Prevention of Overweight and	6. Technical report on the design of	
Obesity programme.	the detailed project activities per	
	strategic partner	

unicef 🚱 | for every child

Droft policy papers briefs and	Monthly prograss report on	End July 2022
- Draft policy papers, briefs and	Monthly progress report on:	End July 2023
other strategic programme	7. Technical ToRs for experts	
documents.	regarding the legal and institutional	
- Provide scientific support	framework review	
throughout all stages of	8. Technical report on the concept	
programming implementation to	note to establish the European	
ensure achievement of results as	Regional Centre to fight child	
planned.	obesity	
	Monthly progress report on:	End August 2023
Coordination, networking and	9.Technical report on the design	
partnership building	and development of the school	
Build and sustain effective close	based prevention materials	
working partnerships with nutrition	10. Technical report on the design	
sector government counterparts	of the promotion of physical	
and national stakeholders through	activity at local and regional level	
active sharing of information and	Monthly progress report on:	End September 2023
knowledge.	11.Technical inputs provided to the	
Work closely and collaboratively	legislative and operational	
with colleagues and partners to	framework review and	
discuss strategies and	recommendations	
methodologies, and to determine	12. Technical input on the scientific	
national priorities/competencies to		
ensure the achievement of	activities of establish the European	
concrete and sustainable results.	Regional Centre to fight child	
concrete and sustainable results.	obesity	5 1 0 1 1 0000
	Monthly progress report on:	End October 2023
Innovation, knowledge	13. Technical input provided to the	
management and capacity building	development of the study regarding	
- Keep abreast, research and	the dietary patterns of parents and	
propose best and cutting-edge	children and the relevant	
practices in nutrition management	methodology	
and information systems. Assess	14. Technical inputs provided to	
and share best practices and	material intended to inform	
knowledge.	pediatricians and promote	
- Contribute to the development	awareness	
and implementation of policies and	Monthly progress report on:	End November 2023
procedures to ensure optimum	15. Technical draft inputs for the	
efficiency and sustainability of	national network with associated	
achieved results.	bodies of the GS of Public Health to	
	address child overweight and	
	obesity	
	16.Technical draft report on the	
	adjustment and delivery of	
	prevention activities at local level	
	through the associated bodies of	
	the GS of Public Health.	

Monthly progress report on:	End December 2023
17. Technical input regarding the	
content development for digital	
tools and applications for	
healthcare professionals and	
parents	
Monthly progress report on:	End January 2024
18. Finalized TORs for the national	
network with associated bodies of	
the GS of Public Health to address	
child overweight and obesity	
Monthly progress report on:	End February 2024
19. Technical inputs to identify	
gaps, strengths and/or weaknesses	
as well as key lessons learned for	
program implementation.	
Monthly progress report on:	End March 2024
20.Report on technical input on the	
Action Plan for the promotion and	
delivery of prevention activities at	
regional and municipal level	
Monthly progress report on:	End April 2024
21. Final sustainability plan to	
ensure optimum use of achieved	
results	
22. Final capacity building plan to	
state and non-state stakeholders	
on nutrition related best practices.	

Minimum Qualifications required:	Knowledge/Expertise/Skills required:
Bachelors Masters DhD Other	 An advanced university degree in one or more of the following fields is required: nutrition, dietetics, health promotion and health education, health/nutrition research. A minimum of six years of professional experience in one or more of the following areas is required: nutrition, health promotion and health education, public health, nutrition research, planning and management. Experience in health/nutrition programme/project development and management in an academic/research organization is an asset. Experience in coordinating interventions for the prevention of overweight and obesity is an asset. Fluency in Greek and English is required. Knowledge and understanding of human rights/child rights. Experience in networking and coordination activities including public and civil society stakeholders is a plus. Excellent communication, facilitation and negotiation skills. Strong analytical and report writing skills. Fluency in Greek and English. Initiative, passion and commitment to UNICEF mission and professional values.