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| ***Section A*** |  | | |
| Title: | **Consultant to support the development of adapted parenting content** | | |
| Duty Station: | Home Based in Lebanon | Type of Engagement: | Consultant |
| **Work Assignment:** | | | |
| The objective is to adapt the tools used within the parenting programs, focusing on two key components:  First, by complementing Self-Help Plus, the program will develop additional sessions to support caregivers in identifying signs of distress within their children across different age groups. These sessions will also provide positive discipline techniques to help caregivers manage and respond to their children's needs effectively.  Second, the revision of the sector-endorsed tool for caregivers will involve condensing it into 4 to 5 essential sessions. Along with this, a mini guidance document will be created for practitioners, offering supplementary tools and resources that can be tailored to meet the specific needs of caregivers.  By achieving these objectives, the program aims to better equip caregivers with practical skills and knowledge, enhancing their capacity to support their children’s emotional and psychological wellbeing.  The scope of work for adapting the tools used within the parenting programs includes the following tasks:   1. **Inception Meetings and Initial Consultations:**    * Conduct inception meetings with UNICEF, the National Mental Health Program (NMHP), sector-endorsed tool holders, and the PSS committee to gather insights and align objectives for the adaptation of the parenting programs. 2. **Develop Additional Sessions to complement the Self-Help Plus:**    * Complement Self-Help Plus sessions with additional parenting session with the proposed sessions in close coordination with NMHP and the PSS committee.    * Create content for new sessions that help caregivers identify signs of distress in their children across different age groups in Arabic.    * Create content for new sessions to integrate positive discipline techniques into these sessions to provide caregivers with practical strategies for managing and responding to their children’s needs in Arabic. 3. **Revise the Sector-Endorsed Tool for Caregivers:**    * In close collaboration with sector-endorsed holders of the parenting curriculum and the PSS committee, review and condense the existing sector-endorsed tool into 4 to 5 essential sessions, ensuring they cover the critical aspects of caregiver support in Arabic.    * Develop a mini guidance document for practitioners that complements these sessions with additional tools and resources tailored to meet the specific needs of caregivers in Arabic. 4. **Stakeholder Consultation and Feedback:**    * Engage with UNICEF, NMHP, PSS committee and relevant stakeholders, to gather input and feedback on the new sessions and revised tool including revision of M&E tools and integration of related indicators.    * Incorporate feedback to refine and finalize the sessions and guidance document. 5. **Training and Capacity Building:**    * Develop, Design and deliver training sessions (workshop session for main stakeholders) on the new sessions and revised tools, including adapting the M&E tools ensuring they are well-equipped to implement the updated parenting programs in Arabic.   By undertaking these tasks, this consultancy aims to develop tools to enhance the capacity of caregivers to support their children’s emotional and psychological wellbeing, thereby addressing the pressing needs of families in high-stress situations. | | | |

***Section B***

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| **Work Assignment Expected Results** | | |
| Deliverables/Outputs: | Tasks/Milestone: | Timeline | |
| Inception meetings completed | Conduct meetings with UNICEF, NMHP, sector-endorsed tool holders, and the PSS committee | 2 days | |
| Additional parenting sessions that complement Self-Help Plus sessions completed and adapted for caregivers with different children’s group age | Complement Self-Help Plus sessions in coordination with NMHP and the PSS committee. Create content for new sessions focusing on identifying signs of distress and positive discipline including M&E tools for the added sessions. | 4 days | |
| Sector-endorsed tool for caregivers revised and consolidated | Collaborate with sector-endorsed holders of the parenting curriculum and the PSS committee to review and condense the existing tool into essential sessions including M&E tools. | 3.5 days | |
| Mini guidance booklet developed | Develop a mini guidance booklet for parenting sessions to be complemented including an assessment form. | 3.5 days | |
| Stakeholder feedback incorporated | Engage with stakeholders to gather input and feedback on new sessions and revised tools | 3 days | |
| Training content sessions with facilitators note completed | Design and deliver training content sessions with facilitators note for practitioners on the new sessions and revised tools including consultation/support session for them | 6 days | |