

## Adolescent Nutrition and School-Age Children INTERN TOR- Lusaka, UNICEF Zambia CO

<b>Title</b>	<b>Adolescent and School Age Nutrition Intern (For Zambian Nationals only)</b>
<b>Purpose</b>	To support the implementation of pilot activities in Adolescent Nutrition and School Age Children
<b>Location</b>	Lusaka
<b>Duration</b>	6 months
<b>Start Date</b>	1/08/23
<b>Reporting to</b>	Nutrition Specialist

### Background:

Interns can be a significant asset to the organisation since they can potentially offer excellent academic credentials, including the most recent thinking and research tools. They also often have practical work experience directly related to their specialisation. By exposing such individuals to the work of UNICEF, we can broaden their exposure to international development work generally, and opportunities in research and evidence generation. Their potential to contribute to UNICEF and its mandate during the internship and in their future professional activities is significant. This TOR follows UNICEF's 2012 Administrative Instruction on UNICEF's internship programme (CF/AI/2013-002).

### Justification

Nutrition among middle childhood and adolescence (5 – 18 years) has been realised as a critical stage in the lifecycle and nutrition interventions are important. There are efforts in the country to implement programmes that will facilitate actions in these age groups. However, programmes to intervene globally were only defined in the last few years and learning how to implement them is the stage that the country is at.

In middle childhood there is a lack of updated data on the prevalence of malnutrition in Zambia. Data available on adolescents as per the Demographic and Health Survey (DHS) 2013-14, 16.4 per cent of adolescent girls were undernourished while 8.6 per cent were overweight and obese. One-third of adolescent girls were anaemic. The Government of Zambia (GRZ) has identified the following barriers to adolescent nutrition at various levels (Adolescent Health Strategy 2017-21). there is a need to reach out to adolescents especially those out-of-school adolescent girls with an integrated package of interventions. there are currently no harmonised adolescent nutrition programme packages, approaches or delivery channels to guide programme implementation, monitoring, and evaluation including reporting. In order to guide the development of a multi-sectoral integrated service package for adolescent nutrition formative study and landscape analysis were conducted to inform the development of a framework of action. The framework once developed will be piloted in the Scaling Up Nutrition Programme in selected districts.

Using schools as a platform to reach children in middle childhood and adolescence underway focussing

how to improve the learner’s school environment to improve nutrition behaviours. This is being done through the Nutrition Friendly Schools Initiative (NFSI) being piloted in a few schools using the Nutrition Friendly Schools Initiative developed by WHO (WHO, 2011). This includes a set of school-based interventions on knowledge and behaviour change towards improved nutrition practices of school-aged children through the improvement of the school environment. The programme is being implemented through the *School Health and Nutrition (SHN)* programme under the Ministry of General Education. The programme mainly implements health and nutrition interventions through schools including water, sanitation and hygiene education, nutrition and school feeding. Addressing nutrition in this age group offers greater opportunity for improving reproduction and productive outcomes among the Zambian population.

**Objectives/Target**

The objective of the internship is to strengthen national support in documentation of lessons learnt in implementing the Nutrition Friendly School Initiative and Adolescent Nutrition Framework.

1. To document lessons learnt in the implementation of NFSI standards.
2. To document lessons in implementation of the Adolescent Nutrition

**Major duties/responsibilities and output expectations**

No.	Major duties & responsibilities	Deliverables
1	Support processes for learning lessons in piloting Nutrition Friendly School Initiative	Document summarising lessons learnt in the implementation of the various components of the NFSI
2	Support processes for learning lessons in piloting implementation of the Adolescent Nutrition Action framework.	Document summarising lessons learnt in the implementation of the various components of the Adolescent Nutrition Action Framework.
3	Support new and innovative knowledge generation and management	Documentation that provides clarity of coordination and convergence points of the two initiatives.

**Qualifications and experience**

**Education**

1. Studies in nutrition, public health nutrition, dietetics or related field
2. Excellent writing skills is required
3. Have excellent academic performance shown through university records
4. Bachelor’s degree required

**Work experience**

1. Prior exposure in working with school system an added advantage.
2. Experience working with government or international organisations is an asset

**Skills and Competencies:**

1. Candidate should possess excellent writing and analytical skills
2. Candidate should possess good communication and organisational skills
3. Candidate should possess ability to work well in a diverse team
4. Training in Monitoring & Evaluation is an advantage
5. Planning and budgeting skills is an asset

**Learning elements**

This position is based in the Nutrition Section and the intern will interact with Nutrition Specialists and other programme officers in UNICEF, government, and other development partners. This position offers excellent learning opportunities in understanding and applying data principles in a multi-sectoral environment.

**Fees and Honorarium**

According to UNICEF's internship program administrative instruction, no compensation will be provided. Where appropriate, interns may be reimbursed for travel expenses incurred during official travel authorised by UNICEF. A monthly stipend enough to cover transport costs of in Zambian currency shall be paid for the internship duration (6 months).

Only shortlisted applicants will be contacted for next level of the recruitment process

**Evaluation**

Evaluation will be done at the end of the internship by the supervisor and intern. A copy of the evaluation will be provided to the intern and the original submitted to HR.

**Workplace and Duration**

The duty station will be in Lusaka. The internship will be for 6 months.