

United Nations Children's Fund

TERMS OF REFERENCE FOR INDIVIDUAL CONSULTANTS

National Consultant to Conduct Assessments on	Funding Code:	Duty Station:
Mental Health and Social Services among		Phnom Penh,
Children & Adolescents, & People with disabilities	N/A	Cambodia

Purpose of Activity/Assignment:

The main goal of this consultancy is to conduct a landscape mapping and assessment of child and adolescent mental health services in Cambodia, with a focus on Phnom Penh where the majority of service providers and partners are based. Additionally, data will be collected in two other provinces, Siem Reap and Ratanakiri. The objective is to assess the current availability, utilization, trends, and gaps in these services to improve systems for promoting, preventing, and establishing effective referral pathways. Using a global mapping tool, the consultant will gather information on existing services provided by health facilities, schools, community platforms, professionals, and other resources accessible to children and adolescents in Cambodia, while utilising the key findings & recommendation from the landscape mapping and assessment to provide technical to co-create key Social Behaviour Change (SBC) messages and tools for community-based mental health services (including prevention, early intervention, and referral pathways).

The consultant will also facilitate participatory assessment on demand and access to social services for people with disabilities (PWDs) in Ratanakiri and Siem Reap provinces, including children and adolescents with disabilities.

Scope of Work:

The consultant will be responsible for the following work assignments:

- a) Landscape mapping and assessment of mental health psychosocial support (MHPSS) services for children and adolescents
 - Desk Review: Review existing literature, reports, and data related to child and adolescent mental
 health services in Cambodia, identify key stakeholders, and conducting stakeholder consultations
 and a landscaping exercise, including government agencies, NGOs, academic institutions, and
 healthcare providers involved in delivering mental health services and Psychosocial Support to
 children and adolescents.
 - Adaptation of Mapping Tool: Adapt by tailoring and translating the Global CAMH Service Mapping Tool developed by UNICEF for use in the context of Cambodia, by working closely with relevant departments of the Ministry of Health, Ministry of Social Affairs, Veterans and Youth Rehabilitation (MoSVY), Ministry of Education, Youth and Sports (MoEYS), and relevant stakeholders, via consultative approach with identified stakeholders, adding supplementary questions as needed to capture specific aspects of the local mental health system and exiting Mental Health Psychosocial Support (MHPSS) within both health and non-health sectors for children and adolescents. Adaptation will involve incorporating additional components that focus on service providers and clients, specifically addressing social and normative issues related to stigma and help-seeking behaviors among caregivers and adolescents, as well as exploring provider beliefs and attitudes.
 - **Data Collection**: Conduct interviews, focus group discussions, or consultation workshops with key informants representing relevant stakeholders involved in child and adolescent mental



health services. This may entail visits to facilities and service delivery points to gather firsthand information on service provision, infrastructure, human resources, and existing interventions for MHPSS in Phonm Penh, where the majority of service providers and partners are located. In addition, the consultant will collect data in two target provinces of Siem Reap and Ratanakiri.

- Data Analysis: Analyze the gathered data to assess and document the availability, accessibility, and quality of mental health services for children and adolescents. Identify behavioural insights, challenges, and best practices in current promotion, prevention, service delivery, and referral pathways. This includes examining issues related to stigma and help-seeking behaviors among adolescents, as well as exploring the beliefs and attitudes of service providers and parents on the subject of MHPSS.
- Report Writing: Prepare a comprehensive report (Ms. Word Report, Slide Deck, and Infographic)
 documenting the findings of the mapping exercise with clear recommendations and behavioural
 insights for strengthening child and adolescent mental health service delivery, promotion,
 prevention, and referral pathways.
- Support dissemination: Present final report to UNICEF and government counterparts during one
 internal meeting and one external dissemination event to inform ongoing government
 implementation of the Mental Health Strategic Plan and MHPSS policy. This includes providing
 technical support to relevant ministry in the dissemination workshop and documentation from
 the workshop, as part of the evidence-based advocacy.
- Technical support in SBC messages/content development: Based on the findings from the
 mapping and assessment exercise, collaborate with young people and persons with lived mental
 health experiences (PWLEs) to co-create key SBC messages and tools for community-based
 mental health services. This includes addressing key issues identified during the assessment to
 promote prevention, early intervention, self-help, family support, and referral pathways to
 MHPSS services at nearby health facilities. These messages will be integrated into parenting text
 initiatives, training for remote frontline healthcare workers, and will provide information and
 guidance to adolescents.
- b) Participatory assessment of health seeking practices and access to social services for people with disabilities (PWDs): to ensure that PWDs and their families have greater participation, knowledge, skills, and norms to increase demand for and access to social services, the consultant will undertake the following additional activities in Ratanakiri and Siemreap
 - In collaboration with key partners such as Cambodia Disabled People's Organisation (CDPO), conduct a participatory social and behavioural assessment in Ratanakiri and Siem Reap to understand the current social and behavioural factors influencing the demand for and access to social services for PWDs (including children aged 4-6, adolescents aged 12-14, males aged 25-45, and females aged 25-45 to better understand their specific needs and challenges). By using participatory human-centered design techniques, engage with selected communities, involving PWDs, their families, and social service providers to map out their unique "Journeys to social services." Through facilitated discussions, to identify the key factors that either support or impede the demand for and access to social services.



Facilitate co-creation and engagement of PWDs and their families to inform development of
online and offline SBC, communication and community engagement tools and solutions for each
of the above categories of PWDs to improve their access to social services.

Methodology: Participatory process involving collaboration and co-creation of tools, data collection and analysis with UNICEF, Ministry of Health's Department of Mental Health, and Substance Abuse (DMHSA), Ministry of Social Affairs, Veterans and Youth Rehabilitation (MoSVY), Ministry of Education, Youth and Sports, and their respective Departments at the provincial levels as well as co-creation and participation of People with Lived Mental Health Experiences (PWLEs) and PWDs.

	· ·	ences (PWLEs) and PWDs.		
Child Safeguarding				
	ent considered as "	Elevated Risk Role" from a child safeguarding perspective?		
	If YES, check all	that apply:		
Direct contact role		0		
If yes, please indicate th	e number of hours	/months of direct interpersonal contact with children, or work		
in their immediately	physical proximity	, with limited supervision by a more senior member of		
personnel:	, , ,	,		
personnen				
Child data role	☐ YES ⊠ N			
If yes, please indicate th	e number of hours	/months of manipulating or transmitting personal-identifiable		
information of children	(name, national ID	, location data, photos):		
More information is a	vailable in the Chil	d Safeguarding SharePoint and Child Safeguarding FAQs and		
	allable III the Chin	u Saleguarung Shareronic anu Chilu Saleguarung 1 AQS anu		
<u>Updates</u>				
	ı .			
Budget year:	Requesting	Reasons why consultancy cannot be done by staff:		
	Section/	Strained Resources: Sectoral and cross-sectoral teams		
2024/2025	Issuing Office:	currently have limited staffing capacity (LoE) to dedicate		
-		significant time to this intensive undertaking in the next six		
	Health and	months. Which includes engaging with national and		
	Nutrition	subnational stakeholders to adapt the global toolkit,		
		conducting participatory assessments at national and		
		subnational levels, generate relevant knowledge products		
		and initiate co-create of relevant SBC tools and messages		
		with adolescents and PWLEs, which all require substantial		
		effort.		
		Time-Bound Resources: This activity is further constrained		
		,		
		by a tight deadline. The allocated budget of US\$40,000 from		
		HQ must be fully utilized by March 31, 2025, highlighting the		
		urgency of completing this work effectively to inform key		
		priorities in the ADAP workplan for 2024-2026.		
		•		
Included in Annual/Rol	ling Workplan:	Yes No, please justify:		
included in Alindary Norming Workplain. [7] 163 [7] 160, piedoe jastiny.				



Health and Nutrition, Child Protection, Education, IECD and ADAP.				
H&N Output 003, Social Behavioural Change for H&N				
Consultant sourcing: National International Both				
Competitive Selection: Advertisement Roster Informal competitive (Low Value Contract)				
Single Source Selection: (Emergency - Director's approval)				
If Extension, Justification for extension:				
Supervisor:	Start Date:	End Date:		
Health Officer, with co-supervisor, Social &	July 01, 2024	March 31, 2025		
Behavior Change Specialist (due to cross-sectoral				
nature of the assignment with strong linkage to				
SBC section)				

Work Assignments Overview	Deliverables/Outputs	Number of Days	Delivery Deadline	Estimated Budget (Percentage of Payment)
a. Landscape mapping	and assessment of mental health psych	osocial supp	ort (MHPSS)	services
Desk Review and identification of key stakeholders	Deliverable #1. Inception Report outlining the proposed methodology and work plan (maximum 10 pages excluding annexes).	5 days	July 31, 2024	5%
Stakeholder review of the global Mapping Tool	Deliverable #2. Revised Draft Mapping Tool for review and feedback	5 days	August 30, 2024	5%
Adaptation of Mapping Tool	Deliverable #3. Final/Adapted Mapping Tool: Incorporating feedback and revisions	10 days	September 30, 2024	10%
Data collection and analysis in Phnom Penh, Siem Reap and Ratanakiri	Deliverable #4. Data Collection Plan/Schedule: Including interviews, focus group discussions, field observations, consultation workshops with key informants representing relevant stakeholders involved in child and adolescent mental health services, including adolescents and PWLEs.	25 days (estimated 20 days of travel)	October 31, 2024	10%
Report Writing, Analysis, and Dissemination of the Findings	Deliverable #5. Comprehensive Mapping Report: Including slide deck and infographic, with findings and clear recommendations with behavioural insights and strategic intervention to strengthen child and	20 days	January 30, 2025	20%

Work Assignments Overview	Deliverables/Outputs	Number of Days	Delivery Deadline	Estimated Budget (Percentage of Payment)
	adolescent mental health service delivery and engage individual, family and communities for promotion, prevention, and referral pathways for timely and quality MHPSS services.			
SBC content/tools on mental health promotion, prevention, referral pathway	Deliverable #6. SBC content/tools developed: Based on the findings from the mapping and assessment exercise, collaborate with young people and persons with lived experience (PWLEs) to co-create key SBC messages and tools for community-based mental health services. This includes addressing key issues identified during the assessment to promote prevention, early intervention, self-help, family support, and referral pathways to MHPSS services at nearby health facilities. These messages will be integrated into parenting text initiatives, training for remote frontline healthcare workers, and will provide information and guidance to adolescents.	25 days	March 31, 2025	20%
b. Assessment of health	seeking practices and access to social ser	vices for peop	ole with disab	ilities (PWDs)
Needs assessment for PWD demand and access to social services in Siem Reap and Ratanakiri.	Poliverable #7. Needs assessment report with Persona Journey Maps and Profiles for four categories of PWDs (including children aged 4-6, adolescents aged 12-14, males aged 25-30, and females aged 25-30) highlighting key SBC priorities for supporting their demand and access to social services in Ratanakiri and Siem Reap.	30 Days (estimated 10 days of travel/field work in two provinces)	August 30, 2024	20%
Prototype ideas tools and mock-ups for SBC tools on disability and access to social services.	Deliverable #8. Prototype ideas, sketches, and mockups for each of the four categories of PWDs to inform development of SBC tools on access to social services by PWDs.	10 Days	September 30, 2024	10%
		130 days		100%

Minimum Qualifications required*:	Knowledge/Expertise/Skills required *:		
Bachelors Masters PhD Other	The ideal candidate should:		
	Have knowledge and familiarity with primary		
• At least a Master's degree in public health,	health care (PHC), mental health and disability		
medical sciences, psychology, social work,	context in Cambodia, particularly for children		
social sciences, or any relevant field.	and adolescents, including service providers,		
	delivery models, and relevant policies.		
• Minimum of 5 years of professional experience	Possess knowledge of research methodologies		
in research, evaluation, and qualitative	for data collection (surveys, interviews, focus		
assessment or survey.	groups) and data analysis relevant to mental		
	health, preferably in a developing country		
	context.		
	Have experience collaborating with		
	government agencies, NGOs, healthcare		
	providers, and other stakeholders in the		
	mental health and social service sectors.		
	Be skilled in quantitative and qualitative data		
	collection methods (surveys, interviews, focus		
	groups) and data analysis techniques, as well		
	as in writing clear, concise, and engaging		
	reports for technical and non-technical		
	audiences.		
	Have the ability to effectively and		
	independently manage a project, including		
	timelines, budget, and stakeholder		
	communication.		
	Be fluency in English and Khmer is desirable for		
	excellent written and verbal communication		
	skills. They should be able to build rapport and		
	conduct interviews with diverse stakeholders,		
	including children, adolescents, and people		
	with lived experiences.		
	Have strong analytical skills are essential to		
	interpret research data and identify key		
	trends.		
	Be capable of adapting existing tools for the		
	local context and translating content as		
	needed.		
	Have experience working with PWDs and their families and assessmenting.		
	families and communities.		
	Have the ability to present research findings Affordingly in different formats (repeats alide)		
	effectively in different formats (reports, slide		
	decks, infographics) to both technical and non-		
	technical audiences in English and Khmer.		



Submission of applications:

- Letter of Interest (cover letter)
- CV or Resume
- Performance evaluation reports or references of similar consultancy assignments (if available)
- Financial proposal: All-inclusive lump-sum cost including, consultancy fee, 30 days travel in Phonm Penh, Siem Reap and Ratanakiri, accommodation cost as well as the health insurance for this assignment as per work assignment.

Evaluation Criteria (This will be used for the Selection Report (for clarification see Guidance)

A two-stage procedure shall be utilised in evaluating proposals, where the evaluation of the technical proposal will be completed prior to any price proposal being reviewed and compared. The Cumulative Analysis Method (weight combined score method) will be used for evaluation and selection in this process. The Contract shall be awarded to candidate obtaining the highest combined technical and financial scores, subject to the satisfactory result of the verification interview and reference checks.

a) Technical Qualification (max. 100 points): weight 70 %

- At least a master's degree in public health, psychology, social work, social/medical science or any relevant field, with a minimum of 3 years of professional experience in research, evaluation, and qualitative assessment or survey (20 points)
- Proven expertise/knowledge in conducting research, evaluation, and qualitative assessment or survey, particularly in the area of health, mental health, social support and/or primary health care (20 points)
- Ability to engage and coordinate with technical working groups, government agencies (such as the Ministry of Health Ministry of Social Affairs, Veterans and Youth Rehabilitation (MoSVY), Ministry of Education, Youth and Sports), and other partners, evidenced by a track record of successful project delivery (20 points)
- Experience in conducting quantitative and qualitative data collection methods (surveys, interviews, focus groups) and data analysis techniques, as well as in writing clear, concise, and engaging reports for technical and non-technical audiences (10 points)
- Experience working with PWDs and their families and communities in Cambodia, specifically within a community context (20 points)
- Strong project management skills, including monitoring and quality assurance, documenting lessons learned and best practices (5 points)
- Fluency in English with the ability to communicate effectively & proficiency in MS Office (5 points)

b) Financial Proposal (max. 100 points): weight 30 %.

The maximum number of points shall be allotted to the lowest Financial Proposal that is opened /evaluated and compared among those technical qualified candidates who have attained a minimum 70 points score in the technical evaluation. Other Financial Proposals will receive points in inverse proportion to the lowest price.

proportion to the lowest price.		
Administrative details:	If office based, seating arrangement identified:	
Visa assistance required:		



	IT and Communication equipment required:	
	Email/O365 access required:	
	Internet access required:	

Payment of professional fees will be based on submission of agreed deliverables. UNICEF reserves the right to withhold payment in case the deliverables submitted are not up to the required standard or in case of delays in submitting the deliverables on the part of the consultant.

Text to be added to all TORs:

Individuals engaged under a consultancy or individual contract will not be considered "staff members" under the Staff Regulations and Rules of the United Nations and UNICEF's policies and procedures and will not be entitled to benefits provided therein (such as leave entitlements and medical insurance coverage). Their conditions of service will be governed by their contract and the General Conditions of Contracts for the Services of Consultants and Individual Contractors. Consultants and individual contractors are responsible for determining their tax liabilities and for the payment of any taxes and/or duties, in accordance with local or other applicable laws.

The selected candidate is solely responsible to ensure that the visa (applicable) and health insurance required to perform the duties of the contract are valid for the entire period of the contract. Selected candidates are subject to confirmation of fully-vaccinated status against SARS-CoV-2 (Covid-19) with a World Health Organization (WHO)-endorsed vaccine, which must be met prior to taking up the assignment. It does not apply to consultants who will work remotely and are not expected to work on or visit UNICEF premises, programme delivery locations or directly interact with communities UNICEF works with, nor to travel to perform functions for UNICEF for the duration of their consultancy contracts.

UNICEF offers <u>reasonable accommodation</u> for consultants with disabilities. This may include, for example, accessible software, travel assistance for missions or personal attendants. We encourage you to disclose your disability during your application in case you need reasonable accommodation during the selection process and afterwards in your assignment.

¹ Costs indicated are estimated. Final rate shall follow the "best value for money" principle, i.e., achieving the desired outcome at the lowest possible fee. Consultants will be asked to stipulate all-inclusive fees, including lump sum travel and subsistence costs, as applicable.