

TERMS OF REFERENCE FOR TEMPORARY APPOINTMENT

Job Title	: Nutrition Officer (Overweight & Obesity Prevention)	Duty Station	: Jakarta, Indonesia
Level	: Level 2 (NOB)	Section	: Nutrition
Duration (maximum 364 days)	: 364 days	Report to	: Nutrition Specialist (SACA & Overweight)
Estimated start date	: 1 May 2026		

ORGANIZATIONAL CONTEXT AND PURPOSE FOR THE JOB

The fundamental mission of UNICEF is to promote the rights of every child, everywhere, in everything the organization does — in programmes, in advocacy and in operations. The equity strategy, emphasizing the most disadvantaged and excluded children and families, translates this commitment to children’s rights into action. For UNICEF, equity means that all children have an opportunity to survive, develop and reach their full potential, without discrimination, bias or favoritism. To the degree that any child has an unequal chance in life — in its social, political, economic, civic and cultural dimensions — her or his rights are violated.

The UNICEF Indonesia Country Office (ICO) works to advance the rights of children across six core programme areas: nutrition, health, water and sanitation, child protection, social policy, and education, supported by cross-cutting priorities including climate change, disability inclusion, and gender equality. Within this framework, the Nutrition Section supports the Government of Indonesia to design and implement evidence-based programmes to prevent all forms of child malnutrition, including undernutrition (stunting and wasting), micronutrient deficiencies, and overweight and obesity.

Overweight and obesity among children and women are a growing problem in Indonesia because they increase the risk of non-communicable diseases such as diabetes, heart disease, and pregnancy complications. They also contribute to the country’s triple burden of malnutrition. UNICEF Indonesia works with the government to prevent overweight and obesity among children under five, school-age children, adolescents, and women by promoting healthy diets, physical activity, and stronger nutrition policies. The programmes support integrated nutrition interventions delivered through health facilities, schools, and community platforms to encourage healthier behaviors and improve nutrition outcomes across the life course.

Within this context, the Nutrition Officer (**Level 2**) will support the Nutrition Specialist (**Level 3**) under the general guidance of Chief Nutrition (**Level 5**) in strengthening efforts to prevent overweight and obesity among children under five, school-age children, adolescents and women. The officer will contribute to the development, implementation and monitoring of integrated nutrition interventions that promote healthy diets, physical activity and healthy food environments through health facility, school and community platforms. Specifically, the Nutrition Officer will provide technical and operational support to relevant government counterparts, including the Ministry of Health, Ministry of Primary and Secondary Education and other line ministries, in integrating overweight and obesity prevention into existing nutrition, health and school-based programmes. This includes contributing to the development or revision of technical guidelines, tools, training modules and communication materials that promote balanced diets, improved food environments and healthy behaviours across the life course. The officer will also support programme planning, coordination and implementation, including engagement with government partners, UN agencies and other stakeholders to strengthen multisectoral approaches to obesity prevention. In addition, he/she will contribute to programme monitoring, documentation of good practices and reporting of results to ensure evidence-based implementation and continuous programme improvement.

KEY FUNCTION, ACCOUNTABILITIES AND RELATED DUTIES/TASKS

Summary of key functions/accountabilities:

1. Support to programme development and planning
2. Programme management, monitoring and delivery of results
3. Technical and operational support to programme implementation
4. Networking and partnership building
5. Innovation, knowledge management and capacity building

1. Support to programme development and planning

- Conduct and update the situation analysis related to overweight and obesity among children under five, school-age children (SAC), adolescents and women to inform the development, design and management of nutrition programmes and projects. Research and report on relevant development trends (e.g., political, social, economic, nutrition, food systems and health environments) to support evidence-based programme planning and management.
- Contribute to the development and establishment of programme goals, objectives, strategies and results-based planning for overweight and obesity prevention through analysis of nutrition needs, dietary patterns, physical activity behaviours and food environment factors affecting children, adolescents and women.
- Contribute to advocacy efforts to strengthen nutrition-specific and nutrition-sensitive policies and programmes that promote healthy diets, physical activity and healthier food environments and contribute to the development of programmes and activities aimed at preventing overweight and obesity across the life course.
- Provide technical and operational support throughout all stages of the programming process by executing and administering a range of programme transactions, preparing materials and documentation, and ensuring compliance with organizational procedures and systems to support programme planning, results-based management (RBM), and monitoring and evaluation.
- Prepare required documentation and materials to facilitate programme review and approval processes.

2. Programme management, monitoring and delivery of results.

- Work closely and collaboratively with colleagues and partners at national and sub-national levels to address operational and implementation issues related to overweight and obesity prevention programmes targeting children under five, school-age children, adolescents and women. Provide solutions and recommendations, and alert appropriate officials and stakeholders when higher-level intervention or decision-making is required.
- Participate in monitoring and evaluation exercises, programme reviews and annual reviews with government and other counterparts to assess programme progress and identify required actions to improve programme effectiveness and results.
- Monitor and report on the use of programme resources (financial, administrative and other assets), ensuring compliance with approved allocations, programme objectives, organizational regulations and donor commitments. Report on identified issues and follow-up to ensure timely resolution.
- Prepare regular and ad hoc programme and project reports for management, donors, and partners, clearly documenting progress, challenges, lessons learned, and results achieved.

3. Technical and operational support to programme implementation

- Conduct regular programme field visits and assessments to support the implementation of interventions promoting healthy diets, physical activity, and healthier food environments through health facility, school and community platforms. Exchange information with partners and stakeholders to assess progress and provide technical support.
- Identify implementation bottlenecks, critical issues and potential risks affecting programme delivery and recommend appropriate actions or escalate issues for timely resolution.
- Provide technical and operational support to government counterparts, civil society organization, UN agencies and other stakeholders on the application of UNICEF policies, strategies, systems and best practices related to overweight and obesity prevention, including healthy diet promotion, nutrition education and behaviour change approaches.

4. Networking and partnership building

- Build and sustain effective close working partnerships with nutrition sector government counterparts and national stakeholders through active sharing of information and knowledge to facilitate programme implementation and build capacity of stakeholders to achieve programme goals on prevention of overweight and obesity as well as school nutrition programme.
- Facilitate knowledge sharing and collaboration among partners to strengthen coordinated actions promoting healthy diets, physical activity, supportive food environments and school nutrition programmes.
- Draft communication and advocacy materials to promote awareness of healthy diets, promotion of physical activity and obesity prevention, as well as school nutrition programme and to support partnership development and resource mobilization.
- Participate in relevant inter-agency meetings and events to contribute to joint programming and coordination with UN partners, ensuring alignment of UNICEF strategies with broader development and nutrition frameworks.

- Research information on potential donors and contribute to the preparation of resource mobilization materials and briefs to support funding for overweight and obesity prevention programmes.

5. Innovation, knowledge management and capacity building

- Identify, document and disseminate lessons learned and good practices in overweight and obesity prevention programmes to support knowledge development and programme improvement.
- Promote innovative approaches and evidence-based interventions that support healthy diets, physical activity and improved food environments across the life course.
- Conduct research and benchmarking of global and regional best practices to inform programme design, knowledge products and technical guidance.
- Support and contribute as a resource person in capacity-building initiatives for government counterparts and partners to strengthen their ability to design, implement and monitor effective overweight and obesity prevention interventions.

RECRUITMENT QUALIFICATIONS

Education: A university degree in one of the following fields is required: nutrition, public health, nutritional epidemiology, global/international health and nutrition, health/nutrition research, policy and/or management, health sciences, nutritional epidemiology, or another related field.

Work experience: A minimum of two years of professional experience in one or more of the following areas is required: nutrition, public health, nutrition planning and management, school nutrition, prevention of overweight and obesity, or maternal, infant and child health/nutrition care. The successful candidate is also expected to have strong skills in planning, implementing and monitoring programme, and performing communication and advocacy to support the development, or strengthening, of sectoral and cross-sectoral policies that can positively contribute to reducing the triple burden of malnutrition in Indonesia.

Experience in nutrition programme/project development in a UN system agency or organization is an asset.

Desirables:

- Proven experience working in nutrition in Indonesia
- Minimum 2 years of proven experiences in managing health and nutrition programme in development context.
- Strong leadership and communication skills with the ability to manage complex project implementation across multiple locations.
- Demonstrated expertise in developing high quality technical documents, ad-hoc programme reports, and communication materials.
- Experience working in developing countries and/or familiarity with emergency settings is considered an asset

Language proficiency: Full proficiency in English (written and spoken), and Bahasa Indonesia.

The UNICEF competencies required for this post are...

- (1) Builds and maintains partnerships
- (2) Demonstrates self-awareness and ethical awareness
- (3) Drive to achieve results for impact
- (4) Innovates and embraces change
- (5) Manages ambiguity and complexity
- (6) Thinks and acts strategically
- (7) Works collaboratively with others